

## **F.E.E.E Co-Ed Volleyball Format and Rules**

1. Each team will have 6 players on the floor, of which at least 2 players must be women. (Unless an unforeseen injury occurs)
2. Each game will be 20 minutes long.
3. Each team will rotate the serve to the next player in a clockwise rotation. Players can be substituted in and out of the game during these rotations. Substitutions can also be done during timeouts.
4. Scoring – The game is played to 25 points using rally point scoring (a point is scored every serve). The team must win by 2 points, unless time runs out.
5. This is a double elimination format. Each team is guaranteed a minimum of 2 games. After losing 2 games, your team is eliminated from play.
6. A referee will call each game. His or her call is final.
7. A player is not allowed to touch the net, go under the net or over the net (except on a block by a defensive front row player). Blockers still can never touch the net.
8. Carries (cupping your hands around the ball, similar to a throw) will be called by the referee at their discretion.
9. Serves are behind the baseline and 1 chance is given.
10. If a serve hits the net the ball is playable and must be returned. If not returned the serving team receives a point.
11. Each player must be of high school age (grades 9 – 12) or older.
12. Open Division – this includes teams who have members that have never played volleyball to those who have some experience playing. No more than 2 league players per team.
13. Competitive Division – this includes teams who have mainly league players, high school teams and league teams.